



Personal, Social, & Health Education Policy

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Approved by:	Board of Directors
Version:	6.0
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Version History

Version	Date Issued	Brief Summary of Change	Owners Name
0.1	02.07.2019	New Policy for Consideration	Wendy Ainscough
1.0	16.07.2019	Ratification by Board of Directors	Wendy Ainscough
2.0	01.09.2020	Annual Review	Wendy Ainscough
3.0	07.09.2021	Annual Review	Wendy Ainscough
4.0	06.09.2022	Annual Review	Wendy Ainsocough
5.0	19.07.2023	Annual Review	Rebecca Northcott
6.0	11.04.2025	Bi Annual Review	Caroline Merritt

PSHE Policy

Introduction

At Alumnis Multi Academy Trust diversity and individuality are celebrated. We are passionate about the pursuit of excellence in all aspects of school life. We nurture and inspire children to develop confidence and resilience in an environment where efforts are valued and all children flourish. Our PSHE policy should equip children for the future and support them to make healthy choices.

Rationale

Our Trust vision and ethos is strongly supported through, and embedded in, the delivery of our PSHE approach to the curriculum. We are committed to ensuring that the emotional and social needs of all our children are met within our school environment, and we support the development of children's physical and mental health and wellbeing, self-esteem and confidence.

As part of providing a broad and balanced curriculum, we are able to nurture and support the spiritual, moral, social and cultural (SMSC) development in young children and promote the fundamental British values in young lives. We support children to develop the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become responsible and courageous citizens. We recognise that our school vision is crucial to this learning and is therefore at the heart of whole-school development.

Aims

Through our PSHE curriculum, we aim that our pupils will:

- develop spiritually, morally, socially and culturally;
- develop self-confidence and self-responsibility;
- value themselves and others;
- acknowledge and appreciate difference and diversity;
- be independent, responsible and active members of the school and the local community;
- learn to make informed choices;
- be prepared to be positive and active members of a democratic society;
- understand what constitutes a safe and healthy lifestyle;
- develop the ability to form good relationships;
- understand and manage their emotions;
- have opportunities to consider issues which may affect their own lives and/or the lives of others.

Organisation and delivery of PSHE

PSHE will be taught using Coram Life Education SCARF (Safety, Caring, Achievement, Resilience, Friendship) resources.

Teaching and learning of PSHE will be both discrete and embedded into the wider curriculum and whilst usually planned and proactive, we recognise that at times, our teaching may need to respond to events that occur.

PSHE is designed to prepare all pupils for the future and aims to raise awareness and develop skills using language, content, knowledge and skills appropriate to the age and stage of the pupil:

Effective learning in PSHE will enable pupils to:

- develop a positive sense of self;
- develop good relationships with others;
- develop good attitudes towards others and an understanding of differences between people and their viewpoints;
- make their own informed choices and decisions;
- cope with changes they may experience;
- cope when things go wrong;
- develop and maintain relationships;
- experience age-appropriate learning in relation to relationships and sex education;
- recognise personal skills and qualities in themselves and others;
- recognise their rights and the rights of others;
- respect and consider how they could improve the environment;
- develop motivation, assertiveness and participate in the celebration of success;
- be confident to tackle new ventures;
- be encouraged to lead a fulfilling life;
- be independent and to become active and constructive citizens.

Promoting fundamental British values

We ensure that the fundamental British values are strongly embedded and promoted through our PSHE approach and through everyday aspects of school life. We recognise that British values are based on Christian principles. We promote these values through our own school values, curriculum and enrichment activities as below:

Democracy

- Schools have an elected School Council. This is used as an opportunity to promote and teach about democracy and the electoral process.
- We encourage community involvement both in and out of school. This includes things such as sports leaders, peer mediators, lunchtime helpers, helping at clubs and with our

younger age groups and also raising money for local and national and international charities.

- Democracy is also promoted through additional PSHE, lessons and worship/assemblies and involvement in visits and speakers e.g. Magistrates.
- Children are taught about Human Rights through teaching about the United Nations Convention on the Rights of the Child, and learn to respect their rights and those of others.

The Rule of Law

- We have high expectations about pupil conduct and this is reflected in our Attitudes to Learning; Character Development Policy. We do not base our system on external rewards but on our values, self-control, growth mindset and high expectations of respect. Through our school worship/assemblies, circle time, cross-curricular themes and PSHE, children are taught how to earn trust and respect and are supported to develop a strong sense of morality; knowing right from wrong and doing the right thing even when it's difficult.
- The local police / PCSO, local magistrate and charitable organisations visit the school to talk to the children and explain their role in society.
- Children are taught about the United Nations Convention on the Rights of the Child and learn to respect their rights and the rights of others.

Individual Liberty

- Children are taught about the United Nations Convention on the Rights of the Child and learn to respect their rights and the rights of others.
- Our themes of learning and big questions are selected so that they have a Human Rights element
- Through our school values and PSHE programme, children are taught about personal responsibility, choices, ambition and aspiration. They are encouraged to take opportunities to follow their interests in sport, art, and music, etc.
- We promote healthy living throughout all aspects of our curriculum.

Mutual Respect

- We have high expectations about pupil conduct and this is reflected in our Attitudes to Learning; Character Development Policy and Equality, Diversity & Inclusion Policy.
- Children are taught Christian values through PSHE and at other times e.g. Collective Worship, RE and cross-curricular work. They are taught to respect each other, to be cooperative and collaborative, to be supportive, to look for similarities and be understanding of differences.
- Mutual respect is also promoted through additional themes, activities and worship/assemblies.

Tolerance of different faiths and beliefs

- We have high expectations about pupil conduct and this is reflected in our Attitudes to Learning; Character Development Policy and Equality, Diversity & Inclusion Policy.
- Tolerance and acceptance of different faiths and beliefs is promoted through the Syllabus for Religious Education. Children learn about different religions, their beliefs and practices, places of worship and festivals.
- We encourage local religious leaders to visit our schools
- Children are taught about the United Nations Convention on the Rights of the Child and learn to respect their rights and the rights of others.

Promoting a healthy lifestyle

We promote and support children in developing a healthy lifestyle. We promote the development of healthy living by:

- Providing healthy, freshly cooked school meals every day
- Organising sporting events throughout the year and a sports day
- Offering a range of after-school clubs, such as netball, football, multi-skills etc
- Providing fresh fruit and milk for children under five
- Providing extracurricular activities
- Carrying out a daily mile or other DPA activity
- Organising outdoor learning across the school

Monitoring and review

The PSHE subject leader is responsible for monitoring the delivery of PSHE, the standards of children's work and the quality of teaching through a programme of learning walks, book scrutinies and pupil conferencing. The subject leader supports colleagues in the teaching of PSHE by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school.

Pupils' development in PSHE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed bi-annually. At every review, the policy will be approved by the Board of Directors.